

**Prof. Vaidya SADANAND P. SARDESHMUKH**

**D.S.A.C. (Mumbai)**

**A.V.P. (Pune); Ph.D. (Ayurved), Pune**

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### **POSITIONS :**

- **Trustee - Chairman**, Bharatiya Sanskriti Darshan Trust, Wagholi, Pune
- **Director**, Integrated Cancer Treatment and Research Centre, Wagholi, Pune
- **Director**, Ayurved Hospital and Research Centre, Wagholi, Pune
- **Director**, Atharva Nature Healthcare Pvt. Ltd., Wagholi, Pune
- **Ex-Dean**, Ayurved Faculty, Tilak Maharashtra Vidyapeeth, Pune
- **Ex-Principal**, Ayurved College, Wagholi, Pune
- **Ex-Dean**, Ayurved Faculty, Mumbai University
- **Scientific Director**, Ayurved Academy, Yoga in Daily Life, Vienna, Austria
- **Consulting Ayurvedic Physician** since 1967, in Pune and Mumbai
- **Guru**, Recognized Multiversity Gurukul by India International Multiversity for studies, research and practice in Ayurved
- **Prof. Emeritus**, Tilak Maharashtra Vidyapeeth, Gultekadi, Pune

### **RESEARCH IN THE FIELD OF AYURVED :**

#### **CANCER RESEARCH PROJECT :**

- Prof. Dr. S. P. Sardeshmukh is conducting Cancer Research Project in Wagholi – Pune, Mumbai and Solapur since 1994.
- Till date, more than 14000 Cancer patients of various types and stages are benefited by his supportive Ayurvedic treatment.
- He has conducted more than **350** “Free Cancer Consultation Camps” and treated many Cancer patients in rural area of Wagholi, Pune. He is regularly organizing exhibitions on “Cancer – Ayurved” for awareness of Cancer at various places.
- His Ayurvedic treatment is found to be effective in improving resistance and quality of life of Cancer patients. Side – effects of Chemotherapy and Radiotherapy are remarkably reduced with his Ayurvedic treatment.
- He has organized 5 International Conferences on “Ayurved For Cancer”, where International Research in the field of Cancer was put forth on one stage. He presented various Research Papers on “Ayurved and Cancer” in many National and International conferences.
- As a next step in Cancer Research, he has started “Integrated Cancer Treatment and Research Centre” at the rural area of Wagholi, Pune, where facilities of Chemotherapy,

Radiotherapy, Oncosurgery, Oncopathology along with Ayurvedic treatment are available to Cancer patients under one roof in affordable charges. Poor patients are treated free of cost in this project under Mahatma Jyotiba Phule Jana Arogya Yojana (MJPJAY) and Pradhan Mantri Jana Arogya Yojana (PMJAY).

- This unique centre in Maharashtra, which is recognized as 'Center of Excellence' by Department of AYUSH, has received Grant – In – Aid by Department of Atomic Energy, Government of India for purchase of Cobalt Radiotherapy Machine and by Department of AYUSH, Government of India for construction and purchase of Oncopathology instruments.
- The Cancer center is funded by Tata Trust for various research activities and construction of Panchakarma Hospital for Cancer patients.
- The cancer center is affiliated to 'Indian Cancer Society'.

#### **AIDS RESEARCH PROJECT :**

- Dr. S. P. Sardeshmukh is conducting AIDS Research Project in Wagholi – Pune and Mumbai.
- More than 100 HIV +ve and AIDS patients of various clinical stages are treated with Ayurvedic treatment in this project in minimal charges.
- Post Doctoral Research work (Ph.D.) was also conducted on this topic at Pune University under his able guidance.
- Clinically and statistically his Ayurvedic treatment is found to be effective in minimizing opportunistic infections in HIV +ve patients and improving their Quality of Life. CD4 – CD8 counts are also well maintained in many patients, solely with his Ayurvedic treatment.

#### **FRACTURE and DELAYED BONE HEALING PROJECT :**

- Dr. S. P. Sardeshmukh has started this Research Project to find out efficacy of Ayurvedic treatment in Fractures and Delayed Bone Healing as a supportive therapy.
- This project is carried out in joint venture with well-known Orthosurgeon Padmashree Dr. Sharad M. Hardikar, Director, Hardikar Hospital, Pune.
- More than 170 patients of Delayed Bone Healing are treated with Ayurvedic treatment including Panchakarma and Diet therapy. Above 80% of them showed callus formation and got satisfactory result.

#### **CONSULTING AYURVEDIC PHYSICIAN :**

- Dr. S. P. Sardeshmukh is practicing as Consulting Ayurvedic Physician since 1967 in Pune and Mumbai.

### **MEDICAL AID IN RURAL AREA AS A SOCIAL BINDING :**

- Dr. S. P. Sardeshmukh is conducting Ayurved Hospital and Research Centre at Rural area of Wagholi since 1985. He is offering medical services in this rural area by means of Ayurvedic treatment and making available facilities of Allopathic treatment.
- Dr. S. P. Sardeshmukh, being a Director of Ayurved Hospital and Research Centre, is conducting Free General Health Consultation Camps, Seasonal Panchakarma Camps, Blood Donation Camps, Family Planning Camps, Free Ophthalmic Consultation Camps and Free Squint Surgery Camps at various rural places since 1987. He conducted more than 500 such camps, where more than 50,000 patients are benefited with Medical Aid.
- During the recent pandemic time 2020, the institute under the able guidance of Dr. S.P. Sardeshmukh served the Covid patients through its Covid Care Centre.

### **CONTRIBUTION IN AYURVEDIC PHARMACEUTICALS :**

- Dr. S. P. Sardeshmukh, being a Director of Atharva Nature Healthcare Pvt. Ltd., develops pure and authentic herbal products with the help of modern technology.
- Production of his experience based herbal medicines in the Pharmacy is a unique contribution to the science of Ayurved.
- He developed a separate plantation unite for cultivation of quality medicinal plants. Herbal products of Atharva Nature Healthcare Pvt. Ltd., are distributed free of charge to poor patients in various camps organized by Ayurved Hospital and Research Centre, Wagholi, Pune.
- Atharva Nature Healthcare Pvt. Ltd., being approved under T. schedule and G.M.P. norms of FDA, Maharashtra State.
- Herbal products of the Pharmaceuticals are supplied worldwide.
- Considering his proficiency in the field of Ayurvedic Pharmaceuticals, Dr. S. P. Sardeshmukh is appointed as Committee Member, AUS Industry, Appointed by FDA, Government of India. USDA and EC (Organic Certified).

### **CONTRIBUTION IN ACADEMICS :**

- Dr. S. P. Sardeshmukh has a vast teaching experience of 49 years for undergraduate (B.A.M.S.), postgraduate (M.D.), Post-Doctoral Research (Ph.D.) and Academic D.Sc. in Ayurved.
- 37 students have completed their M.D. and 19 Researchers have completed Ph.D. research under his able guidance in Mumbai University, Pune University, Tilak Maharashtra Vidyapeeth and Maharashtra University of Health Science, Nasik.

- 2 students – Dr. Vineeta Deshmukh, Deputy Director of BSDT's Integrated Cancer Treatment and Research Centre, Wagholi, Pune and Dr. N. Srikanth, Director General (I/C), CCRAS, New Delhi completed their D.Sc. degree under his able guidance at Tilak Maharashtra Vidyapeeth, Pune.
- He was Ex - Dean of Ayurved Faculty in Mumbai University and Tilak Maharashtra Vidyapeeth, Pune
- He was Ex-Principal of Ayurved College, Wagholi, Pune.
- He is a Professor of Department of Basic Principles and Kayachikitsa (Medicine).
- He is working as a Member of various Academic Committees.
- He is a Member of Advisory Committee, Gujarat Ayurved University, Jamnagar.

### PROPAGATION OF AYURVED ABROAD :

- Dr. S. P. Sardeshmukh is visiting abroad for lectures and demonstrations for propagation of Ayurved for last 35 years
- Dr. S. P. Sardeshmukh is regularly invited in various countries like
  - Australia for last 35 years
  - Japan, for last 25 years
  - Germany Switzerland, Vienna, Slovenia, Holland - for last 25 years
  - Italy, USA for delivering lectures on various topics on Ayurved.
- Patients from these countries are coming to his centre at Wagholi INDIA for Panchakarma Treatment

### WRITER OF LITERATURE ON AYURVED :

Dr. S. P. Sardeshmukh wrote many books on Ayurved for propagation and awareness about Ayurved in society. He is a writer of various books like

- “**Ashwasana I**”: containing scientific papers presented during the International Conference of ‘Ayurved for Cancer’ held at Pune, India in **December 1997**.
- “**Ashwasana II**”: containing scientific papers presented during the International conference of ‘Ayurved for Cancer’ held at Pune, India in **February 2002**.
- “**Ashwasana III**”: containing scientific papers presented during the International conference of ‘Ayurved for Cancer’ held at Mahabaleshwar, India in **February 2007**.
- “**Ashwasana IV**”: containing scientific papers presented during the International conference of ‘Ayurved for Cancer’ held at Pune, India in **November 2012**.
- “**Panchakarma Pustika**”: Containing ready references for Panchakarma from Ayurvedic texts.
- “**Dhoopan**”: containing in depth information about the Dhoopan Yog (Herbal Medicated Smoke) in Ayurvedic texts.

- **“Cancersathi Lokopayogi Ayurved”** a book compiling series of articles on various types of cancer from Ayurvedic perspective published in HEALTH IT supplement of Loksatta Newspaper.
- **“Cancer-Ayurved”**: containing useful information for layman about Cancer from Ayurvedic approach.
- **“Ayurvediya Aarogya Sadhana”**: containing information about Basic Principles of Ayurved and their practical implementation in our day-to-day life.
- **“Gharguti Aushadhopchar”**: containing useful information about home remedies.
- **“Ayurvediya Aaharshaili”**: containing information about diet from Ayurvedic view.
- **“Charak Samhita”**: Sanskrit into Marathi Translation (Edited by Dr. P. H. Kulkarni).
- **“Stories of Cancer Survivors”**: the book contains experiences of cancer patients during Ayurvedic Treatment.
- **“Cancer Pratibandh va Ayurved”** an informative book highlighting preventive aspect of Cancer from Ayurvedic perspective.
- **“Better Tomorrow for Cancer with Ayurved”** English translation of a book compiling series of articles on various types of cancer from Ayurvedic perspective published in HEALTH IT supplement of Loksatta Newspaper.
- **“Handbook on Cancer and Ayurved”** briefing Cancer from Ayurvedic perspective.
- **“Autobiographic Sketches of Breast Cancer Survivor”** the book contains experiences of breast cancer patients during Ayurvedic Treatment.
- **“Stories of Cancer Survivors: Part-II”**: the book contains experiences of cancer patients during Ayurvedic Treatment.

#### **AWARDS :**

1. **Sarvashri Award-1999** by Special Executive Magistrate’s Society for Chikitsa Ratna (Mumbai).
2. **Life Time Achievement Award-2001** by Pune District Education Association, College of Ayurved and Research Centre, Pradhikaran, Nigadi, Pune in 1st National conference on “Parad and Gandhak” on 10-3-2001.
3. **Vaidya Appashastry Datar Award - 2004** by Vaidya Appashastry Datar Panchbhautik Chikitsa Kendra, Sangali, Maharashtra.
4. **Ninad Award - 2004** by Ninad, Pune.
5. **Rashtriya Rattan Award - 2004** (Instituted in memory of Late Shri. Rajiv Gandhi) by Global Economic Council, New Delhi.
6. **Indira Gandhi Sadbhavana Award - 2005** for outstanding individual achievement and distinguished services to the nation – by Global Economic Council, New Delhi.
7. **Fellowship, Rashtriya Ayurved Vidyapeeth – Delhi – 2007.**

8. **Maharshee Annasaheb Patwardhan Vaidyakiya Puraskar – 2007 by Vaidya Khadiwale Vaidyak Samshodhan Sanshta, Pune.**
9. **Sanman Chinha – 2007 by Vidya Sahakari Bank Ltd., Pune on the occasion of Shikshak Din, 5<sup>th</sup> September 2007 (Teachers' Day)**
10. **Fellowship – 2008, All India Sharir Research Institute, Lucknow – In recognition of the valuable contribution for the advancement of Science of Ayurved Sharir.**
11. **Arya Vaidyan P. V. Rama Varier Memorial Award – 2008 by Arya Vaidya Pharmacy, Coimbatore.**
12. **Late Dr. R.V. Waddekar Award from Kesari - 2009, For Academic and Research contribution in the field of Ayurved, in the hands of Dr. Deepak Tilak, Honourable Vice Chancellor, Tilak Maharashtra Vidyapeeth, Pune on 14/10/2009.**
13. **Vidya Vyas Puraskar – 2012, by Vidya Sahakari Bank, Pune.**
14. **Shree Siddhivinayak Sushrut Puraskar – 2014, by Shree Siddhivinayak Ganapati Mandir Nyas, Prabhadevi, Mumbai.**
15. **Ayurved Ratna Puraskar – 2014, by Association of Management of Ayurvedic College of Maharashtra on 27/12/2014.**
16. **Ayurved Parva - 2015, Prabha Ayurved Foundation (Maharashtra) on 11<sup>th</sup> October 2015.**
17. **Shatayushi Sarvotkrust Aarogya Seva Puraskar, by Dwarika Sangamnerkar Medical Foundation, Pune on 1<sup>st</sup> November 2015.**
18. **Ayurved Gaurav - Lifetime achievement award - 2015 by Maharashtra University of Health Science, Nashik, 11<sup>th</sup> October 2015.**
19. **Ayurved Bhushan – 2015 by Dr. Bhausaheb Padmavar Trust, Yewatmal.**
20. **IASTAM award 2015 -2016 by Indian Association for the Study of Traditional Asian Medicine, India on 4<sup>th</sup> January 2016.**
21. **Rugved Bhushan Puraskar – 2016 by Devasta Rugvedi Brahman Shikshnottejak Sanstha, Pune, 31<sup>st</sup> January 2016.**
22. **National Dhanwantri Ayurveda Award – 2017 by Ministry of AYUSH, Government of India, 17<sup>th</sup> Oct. 2017.**
23. **Special Ayurved Award – 2017 by United World Against Diabetes (UWAD), Pune, 14<sup>th</sup> Nov. 2017.**
24. **Maha Ayush Kamal Ratna Award (Lifetime Achievement Award) – 2018**
25. **Sadguru Shrisant Dnyaneshwar Maharaj Smruti Vidnyanacharya Puraskar – 2017-2018 by Shripad Seva Mandal, Pune, 11/03/2018.**
26. **Punyai Puraskar-2018 by Aamhi Punekar, 19/04/2018.**
27. **The DDI Award – 2018 by Zee 24Taas, 13/12/2018.**
28. **LIFETIME ACHIEVEMENT AWARD – 2019 by AYUSH MINISTRY, Govt. of India, 24/08/2019.**

29. **MedscapeIndia NATIONAL AWARDS - 2019 "Excellence in Ayurveda"** by MedscapeIndia, Mumbai, 10/10/2019.
30. **Pristine Award – 2021** by Rotary Club, Pune, 10/06/2021.
31. **Life Time Achievement Award** by Rashtriya Shikshan Mandal, 9/02/2022.
32. **Jeevansadhana Gourav Puraskar – 2022** by Savitribai Phule Pune Vidyapeeth, 10/02/2022.
33. **LIFETIME ACHIEVEMENT AWARD – 2022** by Maharashtra University of Health Sciences (MUHS), 10/06/2022.

### **ARTICLES PUBLISHED IN VARIOUS DAILY / MONTHLY / TRIMESTERLY / ANNUAL PERIODICALS**

More than 200 articles are published in various newspapers and periodic.

### **INTERVIEWS AND TV SHOWS / DOCUMENTARY :**

1. Interview of Dr. S.P. Sardeshmukh on "Cancer & Ayurved" at DD Sahyadri TV Channel - 11/10/2014
2. Interview Dr. S.P. Sardeshmukh on IBN Lokmat TV Channel (Talk Time), Subject : Cancer and Ayurved, 20-5-2016
3. Interview of Dr. S.P. Sardeshmukh on "Cancer – Ayurved and Allopathy Integrated Approach" at IBN Lokmat TV Channel - 17/06/2016.
4. Interview of Dr. S.P. Sardeshmukh on "Cancer & Ayurvedic Treatment " at Zee 24 Tas TV Channel - 11/11/2018.
5. Interview of Dr. S.P. Sardeshmukh on "Integrated Treatment for Cancer" (6 series) at Sarthi TV Channel, New Delhi - from 14/12/2018 to 08/02/2019.
6. Interview of Dr. S.P. Sardeshmukh on "Corona Parishad - 2" at ABP Mazha TV Channel - 21/03/2020
7. A documentary on Dr. S.P. Sardeshmukh regarding Applications of Ayurvedic Concept on Tokyo TV Channel - 15/07/2013.
8. **A documentary on || AYUSH || “The Story of Indian Alternate Medicines” covered by National Geographic Channel featured BSDT’s Integrated Cancer Treatment and Research Centre, Wagholi, Pune in the Ayurved Section, 18/03/2018**

### **SOCIAL WORK IN OTHER FIELDS :**

- Dr. S. P. Sardeshmukh is conducting Pre – Primary English Medium School and Computer Education School namely “Keshav Abaji Educational Institute” at the rural and remote area of Tadwal at Solapur. Many students of nearby villages are benefited by the facility of Education in this school.

## RESEARCH PAPERS BY DR. S.P. SARDESHMUKH :

### A. International Research Paper Publications

1. Chavan Sandeep, Gupta Vidya, Deshmukh Vineeta, Sardeshmukh Sadanand; Pharmaceutical standardization and physicochemical characterization of traditional ayurvedic mineral drug red ochre roasted in cow's ghee (Shuddha Gairik). Indian Journal of Traditional Knowledge 2022, 21(2), 303-316.
2. Sandeep Chavan, Sushama Bhuvad, Bhagyashri Kumbhalkar, Jyoti Auti, Tanhaji Walunj, Shridevi Pathak, Rahul Tanpure, Shweta Gujar, Jagdish Shinde, Arvind Kulkarni, Vidya Gupta, Vineeta Deshmukh, Sadanand Sardeshmukh; Antimicrobial and antioxidant potential of a standardized Ayurvedic formulation explains its clinical efficacy as gargles in post-radiotherapy oral cancer patients, Journal of Herbal Medicine 30 (2021) 100510. <https://doi.org/10.1016/j.hermed.2021.100510>
3. Bhagyashri Kumbhalkar, Tanhaji Walunj, Sandeep Chavan, Vidya Gupta, Vineeta Deshmukh, Sadanand Sardeshmukh. Simultaneous identification and estimation of glycyrrhizin, glabridin, and 18 $\beta$ -glycyrrhetic acid in de-glycyrrhized Ayurvedic lipid-based formulation of Glycyrrhizaglabra using dual wavelength reverse phase-high-performance liquid chromatography. Journal of Separation Science Plus (CAS: Chemical Abstracts Service (ACS), COMPENDEX (Elsevier), Emerging Sources Citation Index (Clarivate Analytics), Web of Science (Clarivate Analytics) 2020, 3(10). <https://doi.org/10.1002/sscp.202070030>. Cover Page Article.
4. Sadanand Sardeshmukh, Sudha Gangal, Arvind Kulkarni, Vineeta Deshmukh, Shweta Gujar, Sameer Gore, Renuka Gayal. Long-term disease free survival [DFS] of stage IIIB malignant melanoma patient treated post-surgery with herbal treatment modalities. Cancer Rep Rev. 2019, 3 (1-5). doi: 10.15761/CRR.1000181.
5. Sandeep Chavan, Sonali Tayade, Vidya Gupta, Vineeta Deshmukh, Sadanand Sardeshmukh. Physicochemical Characterization of Traditional Ayurvedic Marine Drug: Incinerated Conch Shell (Shankha Bhasma). Marine Drugs 2018, 16(11), 450; <https://doi.org/10.3390/md16110450>. Impact Factor: 4.4.
6. Sameer Gore, Dhananjay Deshpande, Sushama Bhuvad, Pradnya Tilekar, Sanjog Awalkanthe, Bhuvnesh Sharma, Sadanand Sardeshmukh, Vineeta Deshmukh. 300. Effectiveness of adjunct ayurvedic treatment in cancer control, and improving well-being in rare and advanced cancers. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
7. Shweta Gujar, Sadanand Sardeshmukh, Vineeta Deshmukh, Arvind Kulkarni, Sudha Gangal, Renuka Gayal, Swapna Kulkarni, Sushrut Sardeshmukh. 301. Assessment of role of panchakarma and allied Procedures in management of side-effects of radiotherapy In oral cavity cancer patients. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.



8. Abhishekh Salunkhe, Renuka Gayal, Sadanand Sardeshmukh, Vineeta Deshmukh, Shweta Gujar, Arvind Kulkarni, Dhananjay Deshpande. 302. Effect of krumighna and erandamuladi basti chikitsa on Quality of life in cancer patients. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
9. Vasanti Godse, Shweta Gujar, Sadanand Sardeshmukh, Vineeta Deshmukh, Arvind Kulkarni, Tushar Patil, Sudha Gangal, Swapna Kulkarni, Anjali Deshpande.305. Effectiveness of ayurvedic medicines in reducing adverse effects of chemotherapy and improving quality of life of breast cancer patients. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
10. Shrinivas Datar, Swapna Kulkarni, Nilambari Patil, Amruta Salunkhe, Suchita Vaidya, Anita Shingte, Vijay Radye, Sadanand Sardeshmukh, Vineeta Deshmukh. 306. Role of adjunct ayurvedic treatment in increasing disease free survival and improving quality of life in cancer patients. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
11. Vineeta Awalkanthe, Sadanand Sardeshmukh, Vineeta Deshmukh, Vasanti Godse, Arvind Kulkarni, Sudha Gangal.303. Dietary risk factors of colorectal cancer from Ayurvedic perspective. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
12. Chavan Sandeep, Sardeshmukh Sadanand, Deshmukh Vineeta, Sardeshmukh Sukumar. 304. Standardization of Kamdudha Rasa to understand the mechanism of action as adjunct treatment in management of chemotherapy and radiotherapy side effects. Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
13. Bhagyashree Sardeshmukh, Shweta Gujar, Sadanand Sardeshmukh, Vineeta Deshmukh, Shreenivas Datar, Swapna Kulkarni, Pradnya Kodre. 307. Comparative study of yg2 and yg3 in yakrutvikara (hcc, Liver cirrhosis).Journal of Ayurveda and Integrative Medicine. 2018, 9. 10.1016/j.jaim.2018.02.126.
14. Deshpande A.A. et.al., Assessment of the Effect of CG4 (An Ayurvedic Formulation) in Minimizing the Side Effects of Chemotherapy in Cancer Patients, Int. J. Ayu. Alt. Med. 2017, 5(1),pp. 22-36. e-ISSN- 2348- 0173
15. Bhagyashree Sardeshmukh, Vineeta Deshmukh, Sadanand Sardeshmukh. Evaluation of Bhedana Karma of YG3 in Yakrut Vikara. Deerghayu International. 2017, 33-01 (129). ISSN -0970-3381.
16. Anjali Deshpande, Sadanand Sardeshmukh, Vineeta Deshmukh, Swapna Kulkarni, Sweta Gujar, Pranya Kodre, Dhananjay Deshpande, Vasanti Godse, Arvind Kulkarni. Assessment of the effect of CG4 (an Ayurvedic Formulation) in management of Gastro Intestinal side-effects of chemotherapy and maintaining well-being of breast cancer patients. Deerghayu International. 2017, 33-03 (131).ISSN- 0970-3381.

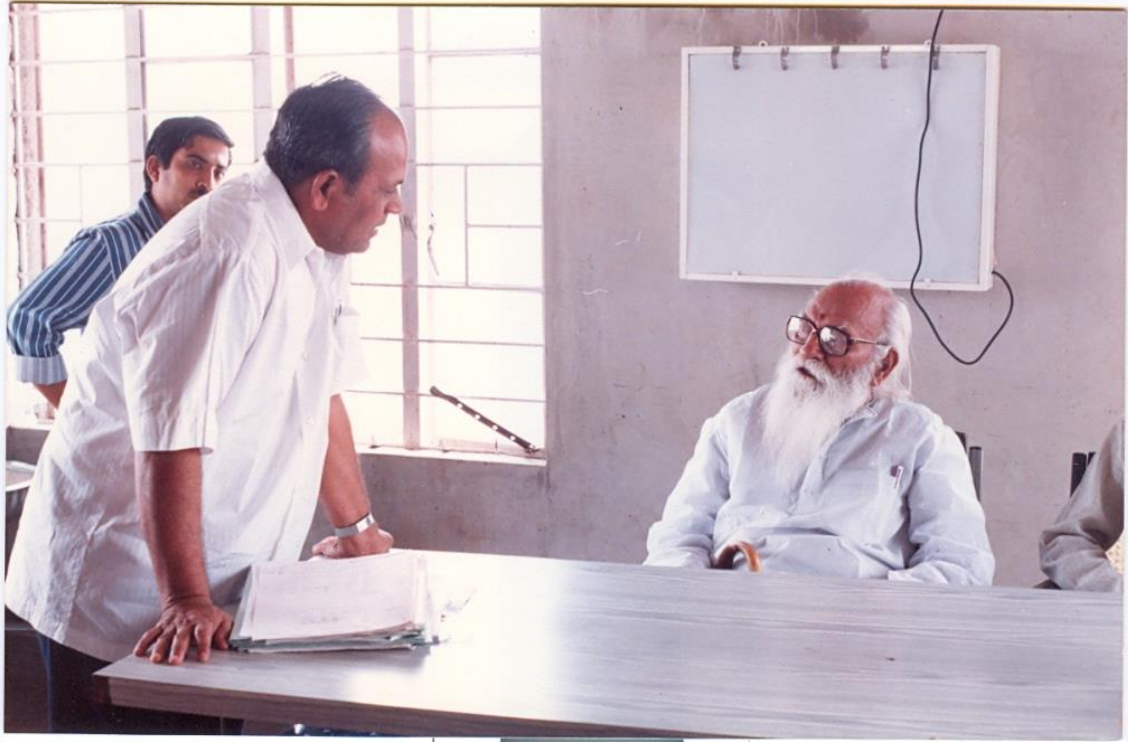
17. Shivani Gavande, Abhijit Joshi, Sadanand Sardeshmukh, Vineeta Deshmukh. Nidan Panchak of Cancers of Tryawarta Yoni (Female Genital Organs). IJAAM. 2017, 7(1).DOI: <https://doi.org/10.36672/ijaam.2019.v07i01.003>.eISSN-2348-0173.
18. Pathrikar Anaya, Abhijit Joshi, Sadanand Sardeshmukh, Vineeta Deshmukh, Vasanti Godse. A comprehensive review on Dushta Stanarbuda w.s.r. to Breast cancer management. IJAAM. 2017, 7(1). DOI: <https://doi.org/10.36672/ijaam.2019.v07i01.004>.eISSN-2348-0173.
19. Sushrut Sardeshmukh, Vineeta Deshmukh, Sadanand Sardeshmukh, Nilambari Sardeshmukh, Shweta Gujar. Treatment principles of oral cavity cancers - Ayurvedic perspective. IJAAM. 2017, 7(1). DOI: <https://doi.org/10.36672/ijaam.2019.v07i01.002>. eISSN-2348-0173.
20. Deshmukh Vineeta, Kulkarni Arvind, Bhargava Sudhir, Tushar Patil, Vijay Ramdasi, Sudha Gangal, Vasanti Godse, Shriniwas Datar, et al. Effectiveness of combinations of Ayurvedic drugs in alleviating drug toxicity and improving quality of life of cancer patients treated with chemotherapy. Support Care Cancer 22, 3007–3015 (2014). <https://doi.org/10.1007/s00520-014-2294-0>. Impact Factor: 2.9.
21. Vineeta Deshmukh. Effectiveness of Ayurvedic treatment in alleviating side-effects of radiotherapy in patients suffering from oropharyngeal cancer and its relationship with improvement in immune status of the host. J Clin cell immunol. 2014, 5(5). <http://dx.doi.org/10.4172/2155-9899.S1.017>

#### **B. International Abstract publication**

Effectiveness of Ayurvedic treatment in alleviating side-effects of radiotherapy in patients suffering from oropharyngeal cancer and its relationship with improvement in immune status of the host, J Clin Cell Immunol 2014, 5:5

#### **C. Patents filed of Ayurvedic formulations used in Cancer treatment**

8 patents of Ayurvedic formulations are filed by Dr S. P. Sardeshmukh effective in the treatment of breast and oral cavity cancer. 5 among them are published while 6 are filed as international patents.



Visit of Respected Bharat Ratna Shri. Nanaji Deshmukh at  
Ayurved Hospital and Research Centre, Wagholi, Pune



Dr. S.P. Sardeshmukh receiving **National Dhanwantri Ayurveda Award – 2017** by  
Hon'ble Dr. Harsh Vardhan, Health Minister, and Hon'ble Mr. Shripadji Naik,  
Minister of AYUSH, Government of India.



Inauguration of Integrated Cancer Treatment and Research Center by Honorable President of India, **Smt. Pratibha Devisinha Patil**, 2011



Visit and Guidance of Respected **Padma Vibhushan Mr. Ratan Tata**  
to Integrated Cancer Treatment and Research Centre, 2011



Visit and Guidance of Respected **Padma Vibhushan Dr Anil Kakodkar Sir**  
to Integrated Cancer Treatment and Research Centre, 2012



Dr. S.P. Sardeshmukh delivering lecture on Cancer and Ayurved in Japan, 2002



Dr. S. P. Sardeshmukh's article on Ayurveda in OSHOTIMES, Germany, 2016