



Dr. José Ruguê Ribeiro Júnior MD

(Narayanananda Ayurved Saraswati)

narayanananda@gmail.com

www.suddha.net

Whatsapp: +55 34 991454190

- Graduated in Medicine in 1981 – Brazil
- Pos graduated in Clinic and Intensive Care – Brazil
- Ayurvedic and Panchakarma pos graduation on Pune – India
- President of World Movement for Yoga and Ayurveda www.worldyogaayurveda.org
- Acharya of Suddha Dharma Mandalam International in many countries according his Guruparampara line.
- President of Sri Vajra Foundation and Chairman of Kalaysa Ayurvedic Clinic in many cities in Brazil, Argentina, Canada, Italy and Portugal
- Recognized doctor in internal medicine and ayurveda in several places around the world.
- Professor of Ayurveda in postgraduate courses of Ayurveda at several universities in Brazil
- Provide Ayurvedic and Yogic training Courses in various cities in Brazil, Argentina, Canada, Italy and Portugal
- Acharya of Suddha Sabha Yoga and Ayurveda Ashram, an authentic Vedic Ashram in the interior of Brazil where he trains many students in Ayurveda, Yoga Sadhana, Vedic literature and Sanátana Dharma and develop complete ayurvedic treatments.
- Researcher about use of West, mainly Brazilian herbs, for ayurvedic purpose and specialist in Panchakarma treatment.
- Member of International Academy of Ayurveda – Pune – India

- Wrote books about Yoga, Sanātana Dharma and Ayurveda and translate, and publish traditional and rare Vedic books.
- Samnyasa Diksha by Swami Madhavananda – Sankaracharya from Prayag – Alahabhad. - 2004
- Lecturer as main Speaker in many Conferences in South America, India, Europe and USA
- For 48 years spreading the Vedic culture and Sanātana Dharma all over the world, with exclusive dedication and great reverence, being an ambassador of the millenary culture of India throughout the world.
- Guest Professor at Datta Meghe Institute of Medical Sciences, Ayurveda College, Wardha – India
- Member of Center of excellence in Ayurveda and Natural products through interdisciplinary approach
- Associated Director of the Ayurveda Committee of the Brazilian Academic Consortium of Integrative Practices