

# Dr. Bhaswati Bhattacharya

## Permanent Address

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## Seasonal Address

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**Objective:** To explore and propagate true systems of healing

## **Employment & Professional Activities**

Joan & Sanford I. Weill Medical College of Cornell University, New York, NY. 2003 – present

**Clinical Assistant Professor of Family Medicine**, Department of Medicine  
Problem-based learning (PBL) instructor, Molecules, Genes and Cells module: 2004, 2005, 2006, 2007.  
Faculty - Medicine, Patients & Society module on CAM. 2007, 2008, 2009, 2010, 2011.

Good Medicine Works, New York, NY. **Physician in Solo Practice** 2001 – present

Private practice of holistic family medicine, specializing in the use of Ayurveda for complex diseases.

**Fulbright Specialist**, US Department of State 2018 – 2023

Peer-reviewed appointment as **consulting expert in Global Public Health**, specializing in Integrative Medicine & Ayurveda

**Indic Academy**, Hyderabad, India <https://ayuve.in> 2021 – present

**Fellowship Director** for Ayurvedic Nutrition, international online learning academy on Indic Knowledge Systems  
leading 15 ayurvedic physicians to develop writing skills for ayurvedic nutrition for a mainstream audience

The DINacharya Institute, New York, NY. **Founder-Director** 2007 – present

Certifying school for holistic medicine, with focus on Ayurveda. Conduct workshops, seminars and 500-hour training program certifying Ayurvedic Health Coaches. Direct Master Classes, an online live teaching series of 60+ doctors worldwide, teaching ancient texts of Ayurveda line-by-line, using live vaidyas from India. Founded Holistic & Integrative Physicians Community Leadership Fellowship (HIPCLF) 2009, and DINacharya Fellows program 2012. Sponsors annual thinktank for interface between mainstream MDs, biomedical scientists, ayurvedic physicians, and holistic practitioners.

**Teaching Faculty**. ANACT – Ayurvedic Nutrition & Culinary Training, New York, NY. 2018 – present  
Core faculty member for certificate programs in Ayurvedic nutrition and chef school in Manhattan.

**Teaching Faculty**. IndicAcademy, Hyderabad, India. <https://indica.courses/about-us/> 2021 – present  
Faculty, Course Director – Conscious Diet: Plant-Based Ayurvedic Nutrition

**Teaching Faculty**. embodiedphilosophy.org, mass online course programs. New York, NY. 2020 – present  
Core faculty member for online certificate programs–Yoga Philosophy-Jan 2021, Wisdom of Ayurveda-Apr-Jun2021

**Teaching Faculty**. jivanawellness.com, mass online course programs. Hudson, NY. 2021 – present  
Core faculty member for online certificate program – Ayurvedic Mastery Immersion- 2021-2022

**Clinical Postdoctoral Fellow**, Dhanvantari Ayurveda Hospital, Udupi, Karnataka 2020 - 2021  
6-month fellowship in advanced clinical practice, clinical research & ancient techniques for medicine preparation.

Sri Sunderlal Hospital, Institute of Medical Sciences, Banaras Hindu University, Varanasi, UP. 2013 - 2015  
**Coordinator, Ahara-Vihara outpatient clinic** focusing on Ayurvedic nutrition and lifestyle.

**senior Fulbright Scholar**, Council for International Exchange of Scholars, Institute of International Education  
Faculty Teaching & Research Award. Topic: Ayurveda/Ojas. Fulbright-Nehru US-India Educational Foundation 2013-2014  
Host institution: Faculty of Ayurveda, Banaras Hindu University, Varanasi, India

Wyckoff Heights Medical Center, New York-Presbyterian Healthcare System, New York, NY. 2001 - 2011  
Attending Physician Dept of Family Medicine, 2001-10. Dept of Obstetrics & Gynec, 2003-7. Dept of Internal Med, 2003-08  
Director, WyCAM, Wyckoff Center for Alternative Medicines 2010 - 2011  
**Director of Research** 2010 - 2011  
Director, Division of Complementary & Alternative Medicines 2003 - 2008  
Director of Research, Dept of Medicine; Education Coordinator, Dept of Obstetrics/Gynecology 2003 - 2007  
Director of Development, Research & Education, Dept of Family, Community & Preventive Medicine 2002 - 2003

Betel Nut Productions, New York, NY. **Founder, Producer** 2008 - present  
Broadcast quality filmmaking company for productions focusing on ayurveda and world medical systems.

**Teaching Faculty.** The Graduate Institute, New Haven/ Milford, CT. 2005 - 2016  
Core Faculty - accredited masters program in Integrative Health and Healing; Director, Ayurveda module

**Teaching Faculty.** Sai Ayurveda College of Miami, Miami, FL. 2008 - 2011  
Core faculty member for certificate programs in accredited ayurvedic college and clinic in Miami

**Teaching Faculty.** New York Open Center, New York, NY. 2005 - 2007  
Teacher for seasonal series on ayurveda, holistic self-care and related topics

**Adjunct Clinical Assistant Professor of Family Practice.** Mount Sinai School of Medicine, NY. 2003 – 2010  
Core faculty for family practice rotation for third-year medical students. Dept of Preventive Medicine

InnerDoorway LLC, New York, NY. Founding **Medical Director/ Chief Medical Officer** 2000 - 2001  
Startup 1999, sold to Innovision Communications in 2004 for \$12M. Served as founding medical director + chief medical officer for quality control of holistic website community and peer-reviewed medical publishing group.

### **Concurrent Professional Assignments & Activities**

**Health & Medical Consultant, The Bhaswati Group**, New York, NY. 1989 – present  
Consulting services for organizations involved in holistic clinical medicine, public health, Ayurveda.

Consulting in Ayurveda

- Dhanvantari Ayurveda Hospital – Udupi, Karnataka, 2018-2020
- Sadaika Healthcare Private Limited, Manipal – consultant on group of ayurvedic ventures, 2019-
- ECHS – Ex-servicemen (Veterans) Comprehensive Health System, Dept of Defense, Govt of India, 2019
- Taza Ayurveda – Ayurveda cosmetics line, 2018-present
- Maharani - Ayurveda cosmetics line, 2018-present
- Cultivating Self – Ayurveda & Yoga Self Care Retreats for registered nurses, in San Francisco Bay Area, 2018-
- Unilever USA - Ayurveda consultant for new food line, 2019
- Northeast Ayurveda – consultant on raw materials cultivation and formulations, in Assam, Meghalaya
- Aatreya Educational Systems Private Limited, Bangalore – consultant on group of PK ventures, 2017-18
- Vaanaprastha – consultant on old-age home timeshare project in India, Udupi, 2017
- Panchasutra Life Sciences – consultant on raw materials cultivation, 2017
- Tathya – consultant on video-based teachings on Ayurveda, 2017
- The New Caraka Samhita project, Language Editor/Medical Editor, 2013-2015 [www.carakasamhitaonline.com](http://www.carakasamhitaonline.com)
- L’Oreal - consultant on launch of Amla Shampoo and hair care line, 2012-2013
- Medical Peer-Reviewer, Journal of Ayurveda & Integrative Medicine, 2014-2018
- Emami/Zandu – Board of Advisors, assisted with merger of Emami FMCG with Zandu Pharma, 2008 -2011
- Reebok – consultant on sportswear for yoga, 2004
- HindustanLever – consultant on luxury AYUSH brand of personal care products, 2005
- YogaTruth – consultant to marketing exec Muktesh Pant (Yum! Industries) on clinical yoga startup, 2004-5
- TulsiRose – consultant on luxury Ayurveda cosmetics line startup, 2003-2004
- AyurVastra - consultant on high-quality medicinal clothings and bed linen startup, 2011
- Organic India – consultant on organic herbs, 2009

Banyan Botanicals – consultant on organic herbal formulations, 2011-2012  
Kerala Ayurveda Pharmacy Limited – consultant to rebranding of company, 2006-2007  
Vicco – consultant to oral cavity personal care brand, 1990  
The Ayurvedic Trust (Coimbatore) – consultant to conference projects, Tamil Nadu 2008-2009  
Arogyadham– consultant to family-based publication and clinical venture, Uttar Khand, 2009-2011  
Publishing / Editorial Work / Medical Writing (selected assignments)  
The South Asian Times, columnist, Holistic Health and Covid themes, March 2020 -  
Indian Express, North American edition, columnist and Medical Editor, Health & Life page, 2001-2002  
UN Millenium World Peace Summit 2000, speechwriter for Indigenous Peoples  
On Assignment, journalist and assistant to head photographer, 2000 - 2013  
Aperture Foundation, fine photography publications, Medical Project Editor/Photographer, April 2000-2002  
Alternative Therapies in Health and Medicine, Journal Advisory Board, September 2001-2008  
Medical Reviewer/Editor/Chapter Author: Williams & Wilkins, WB Saunders/Mosby/Harcourt Health Sciences,  
Appleton & Lange, Springer-Verlag, Hanley & Belfus, 1989-2007  
Harvard Institute for International Development, editorial research assistant to Professor Richard Cash,  
discoverer of ORS-oral rehydration salts, for diarrheal diseases research, 1992-1993  
ShaktiProjects, Director, publications promoting social consciousness in South Asian community, 2000-2002  
Public Health  
World Health Organization Benchmarks in Ayurveda working group, 2018  
Public health expert and contributor on television hit-series *ER*, Los Angeles, NBC-Paramount, 2000-2004  
Moving Visuals Company, Singapore, advisor, film documentaries on medical systems around the world, 2001  
World Health Organization Collaborating Centre on Traditional Medicine, University of Illinois-Chicago,  
visiting scientist on project to create botanical monograph standard for WHO, 1995  
National Institutes of Health, Biodiversity Project, Fogarty International Center, Bethesda, MD,  
contracted scientist on project that created program on Biodiversity & Human Health, 1994-1996  
National Institutes of Health, Office of Alternative Medicine (now NCCIH), Bethesda/Rockland, MD, 1994  
Corporate  
Grey Healthcare Group/ Phase V, Assistant to Medical Director, medical education programming, advertising and  
public relations for medical & pharmaceutical companies, 1990-91, part-time consultant until 1994  
Citibank Investment Group, Assistant to the Chief of Staff, Investor Services Division, 111 Wall Street,  
1991-1992

### Academic Degrees

**Banaras Hindu University**, Faculty of Ayurveda, Institute of Medical Sciences, Varanasi, India  
**PhD, Doctor of Philosophy**, 2018. registered April 2014, thesis submitted July 2017, degree received 22 November 2018  
Dept of Rasa Shastra (Ayurvedic chemistry/herbometallic medicines) & Bhaisajya Kalpana (Ayurvedic Pharmaceutics)  
in Pharmacology. Thesis submitted July 2017: Pharmaceutical & Clinical Evaluation of an Ayurvedic polyherbal  
formulation for Diabetes, **awarded Prof. M.L. Khorana IJPS Best Paper Prize 2018**

**Rush Medical College/Rush University** of Chicago, Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL  
**MD, Doctor of Medicine**, 1998. clinical work fulfilled at Cook County Hospital and Chicago area medical centers  
competitively selected for problem-based group learning (PBL) *Alternative Curriculum*, trained as facilitator for PBL  
*Electives*: Tropical Medicine (Nigeria); Herbal Medicine; Ambulatory Holistic Medicine, International Preventive  
Medicine, Plastic & Reconstructive Surgery (honors), Ophthalmology, Cardiology (honors), Medical Acupuncture

**Harvard University**, School of Public Health, Boston, MA  
**MPH, Master of Public Health** (International Health), 1993. **graduated highest honors as Commencement Orator**  
Harvard Travel Grant Scholarship to El Salvador, advisor late Jonathan Mann, MD, MPH  
coursework completed at Kennedy School of Government, School of Public Health, Harvard Medical School  
Courses included Human Rights, International Epidemiology of AIDS, and Leadership in Government

**Columbia University**, Graduate School of Arts and Sciences, New York, NY  
**MA, Master of Arts (Pharmacology)**, 1989. PhD preparation 1986-1990

Concentration in Neuroscience, Research focused on neuronal development, advisor Michael Shelanski, MD  
Participated in International Health Forum (founder-late Dr. Allan Rosenfield), Columbia School of Public Health

**University of Pennsylvania**, School of Arts and Sciences, Philadelphia, PA

**BA, Bachelor of Arts (Biological Basis of Behavior / South Asia Regional Studies)**, 1987  
**awarded prestigious Rose Research Grant for Undergraduate Research, 1986**

Concentration in Neural Systems, Research thesis: "The role of the atypical agonist pindolol in down-regulation of B-adrenergic receptors," advisor Perry B. Molinoff, MD

**Princeton High School**, Princeton, NJ

**High School Diploma**, 1983 **Honors: Gold Key Award**, inducted to Quill & Scroll Society, PHS Yearbook editor

### **Professional Training**

CME: over 2500 hours completed in Holistic, Complementary, Integrative & Alternative Medicines  
certified **Rasavaidya, Clinical Rasashastra** training, Shri J Gavisiddheshwar Ayurvedic Medical College, 2020-22

**Yoga Training** Course Certification, Banaras Hindu University, November 2014

**Yoga Teacher Training**, 200-hours, PranaMandir Yoga studio, New York, 2009-2010

certified **Ayurvedic Doctor (AD)** + Professional Member by NAMA (USA National Ayurvedic Medical Assoc)

Tatwaprakashini traditional training in Ayurveda, Arya Vaidya Pharmacy group, 2011, 2012, 2013, 2014

Maharishi **Ayurveda Training** Course for Health Professionals, CME, Level 1 certification, 2008, 2012

CEDH-Center for Education and Development in **Clinical Homeopathy**, course 2009-2011

AYU Academy/Kerala Ayurveda Academy/SAI Ayurveda College of Miami, course in **Ayurvedic Medicine**,

Certified Ayurvedic Practitioner (CAP), October 2006-August 2009, certified 2009

*guru-shishya parampara* – traditional training in Ayurveda, Arya Vaidya Pharmacy group, 2002-2020

Institute for Integrative Nutrition/**Columbia Univ. Teachers College**, certification in **Holistic Nutrition**, 2005-06

PleoSanum **homeopathic training**, University of Bridgeport, 2004

**Board Certification**, Fellow, American Board of Preventive Medicine, certified 2006, recertified 2016

**Board Certification**, Diplomate, American Board of Integrative & Holistic Medicine, certified 2001, lifetime 2016

New York State **Medical License** 2001, #223388

DEA (Drug Enforcement Agency-USA) physician registration for prescriptions, since 2002, #BB7764079

NPI (National Physician Identification-USA) #1326247628

Mount Sinai-NYU Health System, Residency in **Community & Preventive Medicine**, 1999-2000

Columbia-Presbyterian Center, New York-Presbyterian Hospital, Internship in **Urban Family Medicine**, 1998-1999

Columbia-Presbyterian Medical Center, NIH National Science PhD Research Fellowship, 1988-1990

### **Past Academic Appointments**

Visiting Faculty, Banaras Hindu University, Institute of Medical Sciences, Fulbright senior Scholar, 2013-14

Adjunct Clinical Assistant Professor of Family Practice, Department of Community & Preventive Medicine,

Mount Sinai School of Medicine, New York, NY, 2003-2008, Chair: Jenny Walker MD MSW MPH

The Institute for New Medicine, Director of Medical Education, Georgetown University Medical Center,

Washington, DC, 1998-2000, Director: Candace B. Pert PhD

Richard & Hinda Rosenthal Center for Complementary and Alternative Medicine, member, Columbia University,

New York, NY, 1998-2000, Director: Fredi Kronenberg PhD

Complementary Care Center, research seminar member, Columbia-Presbyterian Medical Center, New York, NY,

1998-1999, Director: Mehmet Oz MD, Jerry Whitworth RN

Rush Medical College, Substitute Problem-Based Learning Facilitator, Alternative Curriculum, Chicago, 1997-98

University of Illinois at Chicago, Visiting Scholar/Guest Faculty/Consultant, Dept of Pharmacognosy & Medicinal

Chemistry, Chicago, IL, 1995, Director/Supervisor: Norman Farnsworth PhD

Center for the Study of World Medicine & Health Care, Associate Director for Development & Research,

Rush-Presbyterian Medical Center, Chicago, IL, 1994-1996, Director: Philip S. Epstein MD

National Institutes of Health, Office of Alternative Medicine/Office of the Director, Guest Researcher/Intern,

Bethesda, MD, 1994, Director: Joseph J. Jacobs MD MBA

### **Training Fellowship and Grant Support**

Fulbright Specialist, funded Feb 2018-Feb 2021+extension 2022, US Dept of State, projects in Global Public Health

Nagarjuna PhD Fellowship for study of ayurvedic pharmaceuticals, 2014-2017  
Fulbright US Scholar award for Teaching/Research, India, funded 8 months support, \$50,000, July '13-March 2014  
Ridgewood Foundation, grant for pediatric neonatal intensive care, funded \$600,000, 2009  
Lance Armstrong Foundation Community Grant on Cancer Survivorship, funded \$10,000, 2006-2007  
Office of Women's Health, NIH, grant for Holistic Women's Health Week at Wyckoff Heights, \$5000, 2006  
NIH, National Institutes of Health/NCCAM, R25 AT000529, author and Co-Principal Investigator 2002-2003,  
AMSA CAM Education Initiative, funded \$1.2M, 2002-2007  
van Ameringen Foundation, health educator, domestic violence survivor program, Sakhi for S.Asian Women, 2003  
Soros Foundation, Open Society Institute, medical student summer program mentor, 2000, 2001, 2002  
Citibank, NA, founding grant for women's health program at domestic violence community organization, 1999  
Rush Medical College, Joseph Collins Tuition Grant, 1995-1997  
American Academy of Family Physicians, Bristol-Myers Squibb Scholarship, 1997  
Harvard School of Public Health, Harvard Tuition Grant, 1992-1993  
Columbia-Presbyterian Medical Center, NIH National Science Research Fellowship, 1998-1990  
University of Pennsylvania, Nassau Grant for Undergraduate Research, 1986-1987

### **Department and University Committees**

PDQ Editorial Board, NIH/NCI Integrative, Alternative & Complementary Therapies, 2020 - present  
Research & Grants Committee, Wyckoff Heights Medical Center, 2003-2007, 2010-2011  
Institutional Review Board (IRB) committee, Wyckoff Heights Medical Center, 2005-2007, 2010-2011  
Medical Education Committee, Columbia College of Physicians & Surgeons, 1998-2001  
International Health & Medicine Program, Mount Sinai School of Medicine, 1999-2000  
Preventive Medicine Advisory Steering Committee, Mount Sinai School of Medicine, 1999-2000  
East Harlem Asthma Working Group, Mount Sinai Dept of Community Medicine, 1999 – 2000  
Task Force on International Health, Rush Medical College, 1996-1998  
CAM Development Committee, Rush-Presbyterian-St. Lukes Medical Center, 1995-1998  
Curriculum Committee, Alternative Curriculum, Neuroscience Block, Rush Medical College, 1996  
Student Government, MPH Representative, Harvard University, 1992-1993

### **Invited/Elected Appointments**

National Institutes of Health, USA, NCI (National Cancer Institute), IACT – Integrative-Alternative-Complementary Therapies committee, 2020-present  
National Institutes of Health, USA, NCI/OCCAM-CCRAS Government of India collaborative series 2021-present  
Fulbright Program, review applications for Fulbright Scholar medical/public health awards 2016-2017  
World Ayurveda Congress, organizing committee for conference November 2014, Delhi  
World Ayurveda Forum, elected International Chair, December 2010, Bangalore, at World Ayurveda Congress  
Ayurved-USA Advisory Council (AUSAC), sponsored by Embassy of India, Washington DC, Council Chair, 2009-10, preparation of the White Paper on the Status of Ayurveda in the USA.  
International Working Groups on Ayurveda, sponsored by the Dept of AYUSH, Government of India, Delhi, Mar 2009-11, appointed to Steering Committee, provided guidance on propagating ayurveda in the West  
Asian American Advisory Committee, Chair – Health subcommittee, US Senator Hillary Clinton, Jan 2002-07  
Harcourt/Elsevier Medical Publishers-CIMAC (Complementary/Integrative Med Advisory Council), Chair, 2004-07  
NYC Mayor's Initiative to Combat Domestic Violence, Physician Advisory Council, New York City, 2004-07  
International Ambassador for Post-SuperCyclone Relief Efforts, Government of Orissa, India, January - May 2000

### **Professional Organizations and Societies**

American Association of Ayurvedic Physicians, Board of Directors, 2020 - present  
National Ayurvedic Medical Association, 2005 - present, Board of Directors, 2008 - 2011, life member  
Association of Ayurvedic Professionals of North America, Research Board of Directors, 2007 - present  
South Asian Journalists Association, 2000 – present, life member  
American College of Preventive Medicine, member, 1999 – 2006, 2015-present  
American Public Health Association, 1992 - present, section officer 2000 - 2001

South Asian Public Health Association, 1999 – present, Trustee 2003 - 2005  
American Holistic Medical Association, 1992-present, Trustee 2000 - 2004  
Physicians' Research Network on HIV, New York, 1999 - 2005, 2010 - present  
American Academy of Family Physicians, student/resident member, 1994 - 2000  
National Association of Physicians for the Environment, 1994 - present, honorary member  
American Association of Physicians of Indian Origin, 1994 - present, lifetime patron member, 2000 - present  
American Medical Association, 1994 - 1999, National Foundation Leadership Award 2004  
American Medical Student Association, alumni member, 1994 - present, grantwriter, 2001-2002, NIH R25 grant Co-Principal Investigator, National Coordinator, Humanistic Medicine Interest Group 1995 - 1998

### **Past Teaching Experience & Education Responsibilities**

Department of Kriya Sharir, Seminars on Integrative Medicine, Inst of Med Sci, Banaras Hindu Univ, 2016-2017  
Ahara-Vihara Clinic Coordinator, Sir Sunderlal Hospital, Inst of Med Sciences, Banaras Hindu University, 2013-2014  
Course Director, Introduction to Clinical Research, Clinical Rotations and Residency programs, Wyckoff Heights Medical Center, 2009-2011  
Teaching Faculty, Facilitator, Examiner, (Problem-Based Learning) Molecules, Genes and Cells; Basis of Disease: Pathology/Pathophys/Pharmacology, Weill Cornell Medical College, fall and winter semesters 2003 - 2007  
Course Faculty, Family Medicine Clerkship, Mount Sinai School of Medicine, lectures 2003 - 2008  
Course Director, Community Medicine course, Family Practice residency program, Wyckoff Heights Medical Center, 2002-2003  
Faculty Mentor, Open Society Institute/ Soros Foundation, Medicine as a Profession (MAP) program, 1999-2001  
Facilitator, Sakhi for South Asian Women, Domestic Violence Awareness Training, Spring 2001, 2002, 2003, 2004  
Teleosis Institute, for ecologically sustainable medicine, teaching programs Board of Advisors, 2005-2011  
Indian Young Professionals Network, Board of Advisors, 2005 - 2008  
Clinical Preventive Medicine, OB resident teleconferences, St. Joseph's Hospital/ Mount Sinai School of Med, Nov-Dec 1999  
Group Facilitator, Preventive Medicine/Primary Care Clerkship, Mount Sinai School of Medicine, 1999 - 2000  
Clinical Teaching Staff, Columbia College of Physicians & Surgeons, 1998-1999  
Trained Facilitator, Alternative Curriculum (Problem-Based Learning), Rush Medical College, 1997-1998  
Course director, Chicago Medical Society, Midwest Clinical Conference, Alternative & Complementary Medicine for Physicians, Feb 1998  
American Association of Physicians of Indian Origin, national committee co-chair, 1997 - 2001  
American Holistic Medical Association, 25<sup>th</sup> anniversary scientific meeting, Conference Chair, San Diego, 2003  
National Institutes of Health Advisory Panel, National Conference on Medical Education in Complementary Medicine, 1996  
Course Co-director, Contemporary Issues in Preventive Medicine, Rush Medical College, Spring 1995  
Course Co-director, Development & Roles of Asian Women, Rutgers Asian Studies Program, Fall 1985

### **Media Coverage / Film Credits**

National Council of Science Museums, SuperBugs exhibition, video featuring Bhattacharya, 2019-present  
ayu:Sutras magazine, featured interview and essays – Aug 2020, Sept 2020  
Times of India, Alternative Medicine Isn't Quackery, It's Traditional Wisdom, March 27, 2020  
Glamour ZA, CondeNast pubs, pp106-109, interview and article Ancient Remedies for Modern Life, May 2018  
Hindustan Times, p2 Lucknow edition, Indo-US Doctor and Global Ayurveda, November 6, 2015  
Abhinava Dhanvantari Journal of Ayurveda, interview, volume 1, no. 2, June 2014, pp80-97  
India Today, cover photo and cover story, What Varanasi Wants from Modi, June 30, 2014  
Ayurveda & Health Tourism, Finding Bridges: Interview with Dr. Bhattacharya, I-April 2013, II-October 2013  
Business Economics, Opportunities for a New, Old Science, May 16-31, 2009  
Times of India, Ayurveda Needs a Platform: Doc, March 13, 2009  
Wall Street Journal, Shouldn't Scientific Medicine Be More Open-Minded?, January 11, 2009  
The Martha Stewart Show, appearance on May 21, 2007, with Donna Karan, Rodney Yee, talk about Ayurveda

International Museum of Women, 2006 exhibition on women's lives globally, 2006  
book: *Vagina Warriors*, women working to end violence: photo by Joyce Tennyson, Bulfinch Press, February 2005  
The Vagina Monologues, VDay India 2004, performances in Bombay, March 8-14, 2004  
*Healers: Journey through Ayurveda*, documentary premiere on The Discovery Channel, July 2003,  
featuring Dr. Bhattacharya and healers in ayurveda, production: Moving Visuals Company, Singapore.  
Ritual and Indigenous Healers: Channel 2 News, CBS, Producer: Robert Powell, July 2002  
Alternative Options to HRT: WBAI / Democracy Now with Amy Goodman, July 12, 2002; July 15/22, 2002; Oct 2003  
The Vagina Monologues, VDay Harlem 2002, Apollo Theater, March 30, 2002, LifeTime Channel, 2004  
Doodarshan, Across Seven Seas, documentary on public health physician, India-wide premiere, February 2001  
Kash Kobar, documentary for post-SuperCyclone intervention & Orissa relief work, Calcutta, India, January 2001  
Harvard University Oration, Commencement Speaker, June 1993, coverage in International Herald  
Tribune, Washington Post, New York Times

### **Invited Lectures (selected)**

Vibrant Gujarat 2022, Health Summit - Amdavad, January 2022  
IISF - India International Science Festival 2021, Goa, December 2021  
Central American Medical Association – Integrative Oncology, Panama City, January 2020  
Try!Swift International conference for Apple iOS computer programmers - Biohacking with Ayurveda, Sept 2019  
International AYUSH Conclave- Kerala, India, February 2019  
US FDA/NIH–Food & Drug Administration Headquarters, Silver Spring, MD, Polyherbals & Ayurveda, August 2018  
CAMA-Canadian Ayurveda Medical Alliance, annual conference keynote speaker, Toronto, August 2018  
SASIM-South African Society of Integrative Medicine, Cape Town, February 2018  
Ayurvedic Association of Canada, annual conference keynote speaker, Toronto, October 2017  
SAMAGAMA, Integrating Allopathy with Ayurveda, Mysore, December 2014  
Tibetan Central University, Sarnath, June 2014  
Fulbright Annual Scholars Conference, Chennai, March 2014  
AAPNA Global Conferen, Agni, Tejas, Usma, and Pitta: Explaining Fire & Lifestyle Disorders, Lucknow, Feb 2014  
Global Ayurveda Festival, Kochi, February 2014  
TieCon Kerala, Entrepreneurship in Ayurveda, Kochi, December 2013  
David Rogers Health Policy Colloquium, Weill Cornell Medical College, Health Policies for the 99%, May 2013  
Tapovan International Conference on Ayurveda, and 3-day workshop: Ayurveda pour la Femme, May 2012  
World Conference on AYU, Pune, India, presentation on Irritable Bowel Syndrome and Ayurveda, January 2012  
International Conf on the Safety & Use of Nanotechnology, chair/speaker, module on Ayurvedic Bhasmas, Feb 2011  
Integrative Healthcare Symposium, New York, module on Ayurveda, March 2010, March 2011  
Tapovan International Conference on Ayurveda, Paris/Normandy, France, September 2010, May 2012  
American Board of Integrative & Holistic Medicine, board review course, module on Ayurveda, DC, November 2009  
International Grand Centennial Convention on Ayurveda, Coimbatore, India, 21-24 August 2008  
Indian Pharmacologic Society, Global Noise on the Use of Heavy Metals in Ayurveda, 28 November 2008  
Keynote Speaker, National Ayurvedic Medical Association, annual conference, New York, September 2006  
Medical Care in Domestic Violence, Southwestern Medical Center, Dallas, 1<sup>st</sup> annual conference, 20 April 2002  
Asian Pacific American Medical Student Association, regional conference, New York, 13 April 2002  
Facultad de la Universidad de Panama, 8<sup>th</sup> Scientific Congress, Panama City, Panama, 06 April 2002  
World AIDS Day, United Nations, sponsored by amfAR, American Foundation for AIDS Research, 30 Nov 2000  
American Association of Physicians of Indian Origin Governing Body Meeting, Mission to Orissa, March 2000  
Wyckoff Heights/Cornell Medical Center, Interdisciplinary Grand Rounds, Clinical Evidence for CAM, Sept 1999  
American College of Allergy, Asthma, and Immunology, workshop on Alternative Medicine, November 1998  
AMA/ Chicago Medical Society Midwest Clinical Conf, course co-director: Alternative and Complementary Med for  
Physicians: An Evidence-based Approach: Ayurvedic Medicine, Herbal Medicine, February 1998, 2000  
Rush Medical College, Creating an International Medical Rotation, November 1997  
American Medical Student Association, Integrating International/Holistic Medicine into Training, Mar 1996  
National Institutes of Health, Office of Alternative Medicine, An Introduction to Ayurveda, August 1994

## **Non-Profit Board Experience / Community Service**

### Ayurveda

Council for Ayurveda Credentialing (CAC), Founder-Director-Council Chair, November 2011-2015, create competency-based standards for Ayurvedic education in USA and education tools for use worldwide  
Webmaster, www.cayurvedac.com, information hub devoted to Ayurvedic education  
Webmaster, www.acharjya.com, information hub devoted to international communication on Ayurveda  
DINacharya Health Research Foundation, President. registered in Kolkata, October 2012.  
Ayurveda Sanctuary, Puttur, Karnataka, INDIA, International Advisory Board 2012-2014  
Emami/Zandu, Himani Ayurvedic Science Foundation, Board of Advisors 2009-2011  
National Ayurvedic Medical Association (NAMA), www.ayurveda-nama.org, Board of Directors, 2008-2011,  
Keynote Speaker 2006, served on 6 separate committees over 3-year term, created Resident Committee  
Assoc of Ayurvedic Professionals of North America (AAPNA), serve on research board of directors, 2008-present  
Mohini Foundation, promotes Indian Classical Music, permanent Board of Governors, 2010-present

### Health and Medical

Center City Girls Academy, Board of Advisors, program on integrative health for growing girls, 2021 – present  
India Medical Association-Illinois, served on Board of Directors/Executive Council, 1994-1998  
South Asian Public Health Association, served on Board of Directors, 2002-2005  
American Holistic Medical Association (AHMA), www.holisticboard.org, 1999-2004  
AHMA Treasurer 2000-2003, served on Board of Directors, created Resident Committee;  
Chair, 2003 annual national conference; Selection committee to hire Executive Director  
American India Foundation, New York, NY, 2001 – 2004,  
volunteer, Health Programs for Indo-Americans assisting development in India  
MenLa Institute for Indo-Tibetan Studies, The Tibet House, Board of Overseers, 2001 – 2003  
Worked with founder to establish holistic conference retreat center in Woodstock, NY  
The Health TV Channel, Anchorage, AL, a non-profit public health organization, Board of Directors, 1999-present  
Public health initiative using media awareness to promote health education messages on television  
Open Society Institute, Soros Foundation, New York, NY, 1999- 2003  
faculty mentor for MAP fellowship program for medical students  
American Public Health Association, Alternative/Complementary Health Practices section officer, 1998 - 2000  
National Coordinator, American Medical Student Association, committee on Humanistic Medicine, 1995-1998  
RCSIP (Rush Community Service Initiatives Project), Inner-city Chicago, IL, 1994-1998  
Volunteered medical services at St. Basil's Free People's Clinic, Franciscan Homeless Shelter, Spanish  
Community Health Clinic  
Insight/Gift of the Heart Seminars, New York, NY, 1989-1991  
Assisted in human development seminars for people with HIV/AIDS

### Ending Violence Against Women

Sakhi for South Asian Women, New York, NY, 1999-2005  
founder-Women's Health Initiative 2000; Board of Directors 2000 - 2003; Medical Liaison 2000 - 2005  
grant-funded program to raise health awareness/ self-development of South Asian women survivors of abuse/  
violence  
SA/VI (Sexual Assault/Violence Intervention) Program, Mount Sinai Medical Center, New York, NY, 1999-2007  
Certified rape survivor advocate in six New York hospital emergency areas for victims of abuse/violence  
V-Day, New York, Bombay, Delhi 2002-2006  
performed The Vagina Monologues with cast and founder Eve Ensler, in Harlem Apollo Theater, New  
York, Tata Theatre, Bombay, Taj Hotel, Delhi  
Helena Kaushik Women's College, 2000 – 2007  
served on Board of Directors to raise funds, awareness, teachers for girls school in Rajasthan, India  
Miss America/ Miss Manhattan Scholarship Program, Manhattan, New York, NY, 2000 - 2007  
Board of Directors, advisor and judge for preliminary Miss America pageants

WOAR (Woman Organized Against Rape), Philadelphia Area Crisis Centers, 1986-1988  
Certified rape survivor advocate in emergency dept of Jefferson Hospital to victims of abuse/violence  
Project D.R.A.W. (Development and Roles of Asian Women), New Brunswick, NJ, 1985-1986  
Rutgers University community-wide seminar program on Asian women in the western world

### **Honors (selected)**

Fulbright Specialist, 2018-2023, US Dept of State specializing in Global Public Health/Integrative Medicine  
Prof. M.L. Khorana IJPS Best paper award in pharmacology 2018, for PhD thesis work, 2019  
US Fulbright finalist 2017-2019, senior Fulbright-Nehru Scholar Research award to India  
Top 50 Thinkers of India-2014, nominated by MTC Global  
Fulbright-Nehru US senior Scholar award for Teaching/Research to India, July 2013- March 2014  
Kiran Lifetime Achievement Award, Womens International Network (WIN), for work in Ayurveda, 2011  
Vagbhata Award for Excellence in Ayurvedic Teaching, Assoc of Ayurv Professionals of North America, 2011  
Arogyadham National Award for Outstanding Service in Global Ayurveda, Muzaffarnagar, India, 2008  
American Medical Association (AMA) Foundation 2004 Leadership Award, Chicago/ Washington DC  
American Holistic Medical Association, National Award 1998  
Fetzer Institute national program for Leadership and Physician Formation, 1996  
Rush-Presbyterian Medical Center Arts Contest Poetry Prize, 1995  
Harvard University Commencement Graduate Orator (first Indian in Harvard history), Cambridge, MA, 1993

### **Additional Background**

Languages Bengali and English (native) / Spanish, French, Hindi (functional) / Sanskrit and Latin (academic)  
International Health work locations include China, Tibet, Brazil, Nepal, India, El Salvador, Panama, Mexico,  
England, Ireland, Nigeria, Singapore, South Africa, Canada, Switzerland, France, Germany  
Date/Place of Birth: 14 December 1966 / San Francisco, CA Citizenship: USA/Overseas Citizen of India

### **Publications**

#### **Editorial Experience**

Ayurveda Journal of Health, USA, Editorial Board, 2008-present  
Journal of Translational Toxicology, 2013-2014  
J-AIM, Journal of Ayurveda & Integrative Medicine, Pune, India, Editorial Board 2011-2014, reviewer 2014-present  
Light on Ayurveda: Journal of Health, UMass-Dartmouth, USA, Editorial Board 2007 – 2013  
Harcourt/Elsevier Medical Publishers-CIMAC (Complementary/Integrative Med Advisory Council), Chair, 2004-07  
Journal of Alternative & Complementary Medicine (JACM), USA, 2007-2008  
Alternative Therapies in Health & Medicine, La Jolla, CA, USA, Editorial Board 2001-05, Advisory Board, 2005-08

#### **Peer-reviewed Journals**

Adluri USP and B Bhattacharya. Focus on Ayurvedic Diet Resolves Persistent Severe Covid-19  
Symptoms: Case Report, *Integrative Medicine-IMCJ*, 21(1):36-45, Feb 2022

Prakash NP, Mishra VB, B Bhattacharya, et al. Prevention of metabolic risks by *Kalabhojanam* strategy of  
Ayurveda, *Annals of Ayurvedic Medicine* 9(2):116-129, Apr-Jun 2020

B Bhattacharya and KRC Reddy. Polyherbal Ayurvedic Powder Effectively Reduces Blood Sugar in  
Streptozotocin-induced Diabetic Rats, *Indian J of Pharmaceutical Sciences* 80(2):253-260, 2018

\* won the Prof. M.L. Khorana Prize for best paper in *IJPS* 2018

Bhattacharya B. Clinical Roundup: Selected Treatment Options for Urticaria: Ayurveda, *Altern and Comp  
Ther* 18(5):278, 2012

Bhattacharya B. Elucidating the Nanomaterialistic Basis for Ayurvedic Bhasmas using Physicochemical  
Experimentation, *J Biomedical Nanotechnology* 7:66-67, 2011

Bhattacharya B and Weeks J. John Weeks' Integrator Blog, Bhaswati Bhattacharya: Lessons from an Ayurvedic Experience of Sustainable Integration, *Townsend Letter for Doctors & Patients*, May 2009

Bhattacharya B. Preface to abstracts of the 25<sup>th</sup> annual scientific conference of the American Holistic Medical Association, *Complementary Health Practice Review* 8(2):153-167, 2003

Bhattacharya B. AIDS in South and Southeast Asia: HIV/AIDS: Perspective on India. *AIDS Patient Care & STDs* 15(8): 433-435, 2001, proceedings from speech at United Nations on World AIDS Day 2000

Burke A, Gordon RJ, Bhattacharya B. A Preliminary Survey of Complementary & Alternative Medicine (CAM) Courses in Graduate Public Health Programs. *Complementary Health Practice Review* 6(2):165-171, 2001

Bhattacharya B. MD programs in the United States with complementary and alternative medicine education opportunities: an ongoing listing. *Journal of Alternative and Complementary Medicine* 6(1): 77-90, 2000

Bhattacharya B. MD programs in the United States with complementary and alternative medicine education: an ongoing listing. *Journal of Alternative and Complementary Medicine* 4(3): 325-335, 1998

Bhattacharya B. Lesson 2 the Heart, *Journal of General Internal Medicine* 13(11): 788, 1998

#### **Ayurveda Journals**

B Bhattacharya. Synchronizing Breath, Body, Drishti, and Mudra, *Yoga & Ayurveda for Wellness*, Government of India publication for Yoga Day 2017, pp34-37

KRC Reddy, GC Nille, VK Singh, A Singh, R Bramhankar, B Bhattacharya. Menstrual Cycle as Protective Factor and Increasing Risk Factor of Diabetes Mellitus in Female Persons Proved According to the Ancient Ayurvedic Literature, Gender Differences, *Asian Journal of Pharmaceutics* 2016 Oct-Dec, 10(4):251-255

Nille GC, Bhattacharya B, Rajmane SJ, Reddy KRC. *Talapotaka Churna*: A prudent permutation by Acharya Vallabhacharya, *International Journal of Green Pharmacy* 2016 Oct-Dec;10(4):204-211

B Bhattacharya, CB Jha. The Evolution of Authentic *Rasa-Aushadhis* toward Pharmaceutical Requirements, *International Journal of Pharmacology and Therapeutics* 2016 Apr-Jun, 6(2):11-19. eISSN: 2249-6467

CB Jha, B Bhattacharya, KK Narang. Ayurveda as Experiential Science: the Concept of Bio-Electronic Gadgets, *International Journal of Research in Ayurvedic Sciences-AMRITAM* 2016 July, 2(3):124-127. ISSN 2394-1812

CB Jha and B Bhattacharya. Experiential Evidence in Ancient Chemistry and Rasa Shastra, *Journal of Vishwa Ayurved Parishad*, December 2015, pp3-7. ISSN 0976 - 8300

B Bhattacharya and CB Jha. The Evolution of Ancient Chemistry from *Rasa-aushadhi* to Modern Pharmacy, *Journal of Traditional and Natural Medicines*, Nov-Dec 2015, 1(3):2-8. ISSN: 2455-0183

CB Jha, B Bhattacharya, KK Narang. Bhasmas as Natural Nanorobots: the Biorelevant Metal Complex, *Journal of Traditional and Natural Medicine*, Jul-Aug 2015, 1(1):2-9. ISSN: 2455-0183

CB Jha, B Bhattacharya, KK Narang, 2015. Why Mercury is a Unique Metal in Ayurveda, *Sangyahan Shodh*, vol. 18, no. 1, Feb 2015, pp7-13. ISSN 2278-8166

**Reviews, chapters and editorials (referee/peer-reviewed)**

B Bhattacharya, 2020. The Chitta, Sattva to End all Wars, Global Order, online geopolitical magazine

B Bhattacharya, 2020. The Warrior Pose to End all Wars, Global Order, online geopolitical magazine

B Bhattacharya, 2020. The New Frontier of Pre-Scientific Laws of Epidemics, Global Order

B Bhattacharya, 2015. Ayurveda for Emergency Medicine And Urgent Care, Annual Magazine-2015, Institute of Medical Sciences, Banaras Hindu University, pp18-21.

B Bhattacharya, 2015. The Diseases of Modern Life and the Ayurvedic Approach, Part 2, *Prabuddha Bharata or Awakened India*, vol 120, no. 6, pp pp423-428.

B Bhattacharya, 2015. The Diseases of Modern Life and the Ayurvedic Approach, Part 1, *Prabuddha Bharata or Awakened India*, vol 120, no. 5, pp371-376.

Jha CB, Bhattacharya B. The Evolution of Rasa-Aushadhis toward Pharmaceutical Processing, souvenir article, National Seminar & Workshop on Rasaushadhi, 9-10 October 2015, Shri Ayurved Mahavidyalaya, Nagpur, MH, pp18-25.

Jha CB and Bhattacharya B. Preparation of Rasaushadhi according to modern parameters- A scientific presentation, souvenir article, Patliputra National Seminar 2015, 19-20 December 2015, Vishwa Ayurved Parishad, Patna, Bihar, pp1-8.

Bhattacharya B. Ojas, The Origin of Vitality, *Ayurveda & Health Tourism*, 9(1), March 2014, pp56-62.

Romm AJ, Weed SS, Gardiner P, Bhattacharya B, Lennox CA, Lee R, Grube W, DiPasquale R, Margi Flint M, Winston D. *Menopausal Health*, in Botanical Medicine for Women's Health, Churchill Livingstone Elsevier, St. Louis, 2010, chapter 19, pp466-520

Bhattacharya B and Cott J. Book Review: Mishra, Lakshmi Chandra, Scientific Basis for Ayurvedic Therapies, CRC Press, Boca Raton, 2005, in *Phytomedicine* 12, 10, 2005, pp771--772

Bhattacharya B et al. AMSA EDCAM Initiative: A National Curriculum For Medical Students, American Medical Student Association, 16 chapters, published online November 1, 2002, www.amsa.org/edcam

Rao SS, Akram S, Ivey SL, Bhattacharya B. *Women's Health*, in *The Health of South Asians in the United States: A Brown Paper*, SAPHA-South Asian Public Health Association, Baltimore, 2002

Bhattacharya B. Treating Urinary Tract Infections, in: Kohatsu W(ed). *Complementary and Alternative Medicine Secrets*, Hanley & Belfus, Philadelphia, 2002

Svoboda RE and Bhattacharya B. Ayurveda, in: Kohatsu W(ed). *Complementary and Alternative Medicine Secrets*, Hanley & Belfus, Philadelphia, 2002

Bhattacharya B. Preventing and Treating Breast Cancer, in: Rakel D(ed). *Integrative Medicine*, WB Saunders, Harcourt Health Sciences, Philadelphia, 2002

Bhattacharya B. Preventing Urinary Tract Infections, in: Rakel D(ed). *Integrative Medicine*, WB Saunders, Harcourt Health Sciences, Philadelphia, 2002

Bhattacharya B. *Going Abroad as a Medical Student: A Guidebook on International Health and Medicine*, Rush Medical College, Office of the Dean, 1998; Mount Sinai School of Medicine, Office of International Rotations, 2000

Bhattacharya B. Creating an Herbal Formulary for Clinical Practice, in Micozzi M(ed). *Current Review of Complementary Medicine*, Current Science, Philadelphia, 1999

Grifo F, Newman D, Fairfield AS, Bhattacharya B, Grupenhoff JT. The Origin of Prescription Drugs, in: *Biodiversity and Human Health: NIH 1995 Conference Proceedings*, Island Press, Washington DC, 1997

### **Selected Abstracts**

B Bhattacharya, KRC Reddy. A Practice-Based Evidence Approach to Diabetes using a Polyherbal Ayurvedic Formulation and Rasa-aushadhis, Second European World Ayurveda Congress: Koblenz, Germany, October 2016

B Bhattacharya, CB Jha. Needs Assessment for Rasa Shastra Globally, Second European World Ayurveda Congress: Koblenz, Germany, October 2016

B Bhattacharya. EveryDay Ayurveda: Bringing Dinacharya to the Modern, Western World, Second European World Ayurveda Congress: Koblenz, Germany, October 2016

S Palbag, B Bhattacharya, DNS Gautam, CB Jha. Need To Setup The Central Council For Ayurvedic Pharmacy Education: An Emergency Situation, International Seminar on Rasa-aushadhi, JB Roy Medical College, Kolkata, February 2016

CB Jha, B Bhattacharya, S Palbag. Safety And Efficacy Aspects Of Minerals And Metals Used In Ayurvedic Therapeutics, International Seminar on Rasa-aushadhi, JB Roy Medical College, Kolkata, February 2016

B Bhattacharya. Integrating Frontiers and Working Models for Diabetes Care, National Conference on Allopathy & Ayurveda: Converging Paths, SAMMAGAMA meeting, sponsored by AYUSH, Government of Karnataka, Mysore, December 2014

Bhattacharya B and Sayana S. Physician Attitudes to Domestic Violence in the South Asian Community, *Medical Care in Domestic Violence* meeting, University of Texas, Southwestern, Dallas, 2002

Bhattacharya B, Garland E. Alternative Medicines Used for Asthma in East Harlem: Steps toward Prevention and Cultural Competence, American Public Health Association meeting, 2000

Biel MG, Krain A, Jagoda A, Bhattacharya B, Dalal MA, Shaio K. Training Medical Students to Provide Access in a Culturally Competent Framework: International Studies, American Public Health Association annual meeting, 2000

Epstein PS Bhattacharya B, Ranjan Z, Lund E, Chen CH *An Integrated Model: Healing the Healer in the Workplace*: Abstract American Medical Association 1996 International Conference on Physician Health, American Medical Association, 1996

Bhattacharya B, Molinoff PB. "The role of the atypical agonist pindolol in down-regulation of B-adrenergic receptors" University of Pennsylvania Nassau Grant Awards, 1987

### **Professional Writing**

Blog: [everydayayurveda.substack.com](http://everydayayurveda.substack.com) >95 essays published on public health & natural medicine

Everyday Ayurveda by Bhaswati Bhattacharya. weekly newspaper columnist on topics of holistic health  
**The South Asian Times**, published New York, NY, 2020 – present >75 columns published

Out of the Box by Bhaswati Bhattacharya. weekly newspaper columnist on topics of Health & Medicine  
The **Indian Express** NA, published New York, Toronto, Mumbai, 2001 - 2004 >100 columns published

### Medical Textbooks

Bhattacharya B. Yoruba Medicine, Integrating Healing Systems in the West, in Bhattacharya (ed.) *Awakening Body, Mind and Spirit: Medical Systems around the World*, Aperture Foundation, 2020 (in preparation)

Bhattacharya B. Reviewer: Mosby's Drug Consult for Health Professions, Mosby/Elsevier, St. Louis, 2006

Dorland's Medical Dictionary, 30<sup>th</sup> edition, contributing consultant, new addition of 800+ CAM terms to 2224 pages, **ISBN-13: 978-0721601465**, WB Saunders/Elsevier, Philadelphia, 2003

### Popular Books

Bhattacharya B. EveryDay Ayurveda: Daily Habits That Can Change Your Life, Gurgaon: Ebury Press, 2015, **Penguin Random House** India, ISBN: 978-81-8400-457-1 ([national best-seller](#), with translations to Hindi, Marathi, audiobook; upcoming Spanish, Russian, French, German, Chinese, Malayalam, Bengali)

### Online Video Publications Lectures-Seminars-Webinars (selected)

Healers: Journey into Ayurveda - The Discovery Channel - visual intro to ayurveda clinical practice • 2002  
[https://www.youtube.com/watch?v=LcL6\\_uHiDiA&t=3s](https://www.youtube.com/watch?v=LcL6_uHiDiA&t=3s)

US-FDA US Food & Drug Administration scientists - The Ultimate Authority is Your Immune System • Oct 2020  
<https://www.youtube.com/watch?v=4Xo96v2Gzsw&t=2986s>

Harvard Commencement 1993 – Harvard University Graduate Oration by Bhaswati Bhattacharya • Jun 1993  
<https://www.youtube.com/watch?v=gdEawXyyho4&t=267s> >187, 000 views

Vibrant Gujarat Summit 2022 – Health Summit sponsored by the Government of Gujarat • Jan 2022  
<https://www.youtube.com/watch?v=kS8z2SNBLLo>

Global Festival of Yoga 2021: Everyday Ayurveda: The Wisdom of Ayurvedic Daily Routine  
<https://www.youtube.com/watch?v=C4l3eB-mwgw>

### Infinity Foundation - focus on ancient traditional systems of science

Non-Translatable Ayurvedic Words • Dec 11, 2020  
<https://www.youtube.com/watch?v=U-zS-yOOOUg>

Ayurveda and US Politics • Aug 31, 2020 - why ayurveda lacks formal recognition in the USA  
[https://www.youtube.com/watch?v=1\\_QWII2GGGg](https://www.youtube.com/watch?v=1_QWII2GGGg)

Ayurvedic Balance & Challenges • Sep 2, 2020  
<https://www.youtube.com/watch?v=82CDtwJAyzA&t=807s>

### Modern Aging - Holistic Health and Wealth After 50

Understanding Ayurvedic Medicine: What's Your Dosha (Vata Pitta Kapha)? • Jan 2020 >53K views  
<https://www.youtube.com/watch?v=QA9MXE-TR7c&t=289s>

[Ayurvedic Treatment for High Blood Pressure, High Cholesterol, and Thyroid Issues](https://www.youtube.com/watch?v=4Oazj_kOb5E&t=273s) • Jan 2020 >37K views  
[https://www.youtube.com/watch?v=4Oazj\\_kOb5E&t=273s](https://www.youtube.com/watch?v=4Oazj_kOb5E&t=273s)

[Using Ayurveda To Treat Covid-19 Symptoms At Home](https://www.youtube.com/watch?v=VpnyV5--Qrk) • August 2020  
<https://www.youtube.com/watch?v=VpnyV5--Qrk>

[Understanding Your Dosha - Vata, Pitta, Kapha - and Your Immune Health](https://www.youtube.com/watch?v=HleKyv_F_x0) • Jan 2022  
[https://www.youtube.com/watch?v=HleKyv\\_F\\_x0](https://www.youtube.com/watch?v=HleKyv_F_x0)

FLAME University, Pune, monthly webinars in India Studies - inaugural session [Everyday Ayurveda](https://www.youtube.com/watch?v=SM94ufRRTPi) • Feb 2021  
<https://www.youtube.com/watch?v=SM94ufRRTPi>

try! Swift Conference 2019 - [Body Hacking Using Ayurveda](https://www.youtube.com/watch?v=ulFFTBGOpI0&t=541s) -Apple Technology App Development community  
<https://www.youtube.com/watch?v=ulFFTBGOpI0&t=541s>

[Foodie Pharmacology with Dr. Cassandra Quave - Everyday Ayurveda with Dr. Bhaswati Bhattacharya](https://www.youtube.com/watch?v=VJ4mbJDtpJ0&t=15s) • 2020  
<https://www.youtube.com/watch?v=VJ4mbJDtpJ0&t=15s>

NCSM - National Council of Science Museums, Government of India  
[War vs Ecosystems: Antibiotics, Superbugs and Ayurveda](https://www.youtube.com/watch?v=kL2Hdgngy0I) – 2020 <https://www.youtube.com/watch?v=kL2Hdgngy0I>

Dhanvantari Journal of Ayurveda – interview on [Path to Ayurveda](https://www.youtube.com/watch?v=9sJOWBpxDNM)  
<https://www.youtube.com/watch?v=9sJOWBpxDNM>

Urban Zen Foundation with Donna Karan DKNY - [Western Medicine, a question of time](https://www.youtube.com/watch?v=okxZR3IB2gw) • Mar 2009  
<https://www.youtube.com/watch?v=okxZR3IB2gw>

**AYUSH HardTalk** - monthly online talk show on tough issues in health & medicine, host Dr. Bhattacharya  
[AYUSH HardTalk 1 | Why this conflict between modern medicine and Ayurveda?](https://www.youtube.com/watch?v=J1ddwV1R5Eg&t=12s) • Oct 14, 2020  
<https://www.youtube.com/watch?v=J1ddwV1R5Eg&t=12s>

[AYUSH HardTalk 2 | Does Homeopathy Work?](https://www.youtube.com/watch?v=VJ8WNG1-9Uo) • Nov 7, 2020  
<https://www.youtube.com/watch?v=VJ8WNG1-9Uo>

[AYUSH HardTalk 3 | What Is Scientific Evidence?](https://www.youtube.com/watch?v=pkkRkMZ7Dh4&t=28s) • Dec 7, 2020  
<https://www.youtube.com/watch?v=pkkRkMZ7Dh4&t=28s>