



Dr Simone Hunziker

PHYSICIAN | MD | FD AYURVEDA MEDICINE

Born in 1963

Nationality: Swiss

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EXPERIENCE

- Clinical practice of Integrative Medicine since 1995 to date
- Medical, management and project responsibility in primary care centers for integrative medicine since 1996
- Establishment and management of a professional school for Ayurveda since 2004
- Involvement in national and international professional politics for Ayurveda since 2005
- Regulation of Ayurvedic professions in Switzerland with official mandates from 2007 to 2014
- Collaboration with Ayurvedic institutions in India and with the Indian government since 2008
- President of the Swiss Ayurveda Association, 2009-2014
- Teaching in Ayurveda-Therapy (basics, psychology, nutrition, clinical cases) 2009-2015
- Establishment and management of an international Ayurveda Foundation with headquarters in Switzerland since 2012
- Supervision of the creation of the training course in Ayurveda medicine at SAMA school, 2012-2015
- Introductory course in Ayurveda medicine, Faculty of Medicine, Lausanne and Fribourg since 2012
- Academic chair of MedVaidya, training for the Federal Diploma in Ayurveda Medicine at SAMA professional school since 2015
- Development of WHO standards for professional training and clinical practice in Ayurveda since 2018

DISTINCTIONS

- 1994: Faculty Award for doctoral thesis in gynecology and medical education, Lausanne
- 2017: Pandit Shive Sharma Oration and Award for the promotion of Ayurveda, Benares Hindu University, Varanasi, India (on the recommendation of the Government of India)
- 2018: Designation as WHO Co-Rapporteur / standards for the practice of Ayurveda
- 2019: Designation as WHO Co-Rapporteur / Standards for the training in Ayurveda

POSITIONS

- Founding President, Indo-Swiss Ayurveda Foundation
- Academic Chair, SwissMed School
- WHO Expert and Co-Rapporteur for Ayurveda
- Founding member, Board of Directors, Federation of Ayurveda Medicine & Therapy
- Medical and Academic Director, SAMA-Swiss Ayurvedic Medical Academy Sarl (2003-2021)
- Founding member, Board of Directors, Swiss umbrella organization for Ayurveda (2017-2021)
- President, Swiss Association for Ayurvedic Medicine and Therapy (ASMTA) (2009-2014)
- Steering Committee of Intl. Working Groups on Ayurveda, Dpt. AYUSH, Govt. of India (2009-2010)

PROFESSIONNEL CAREER

2021	Creation of SwissMed School <i>Founding member, academic chair</i>
2020	Establishment of the Federation of Ayurvedic Medicine and Therapy (FMTA) <i>Founding member, Board of Directors</i>
2019	Development of WHO standards for training in Ayurveda <i>WHO Expert and Co-Rapporteur of the Working Group on Ayurveda</i>
2018	Development of WHO standards for practice in Ayurveda <i>WHO Expert and Co-Rapporteur of the Ayurveda Working Group</i>
2017	Pandit Shive Sharma Oration and Award, Benares Hindu University, Varanasi, India. An award given on the recommendation of the Government of India by the Indian Association for the Study of Traditional Asian Medicines (IASTAM) for a major contribution to the promotion of Ayurveda as a medical system. Awarded for the first time to a woman and a foreigner.
Since 2016	Participation in national and international congresses and conferences, promotion of the Swiss model for the institutionalisation of Ayurveda as a medical system <i>Lecturer, Ayurveda expert</i>
2015	Launching of the training course in Ayurveda medicine, MedVaidya, for physicians and non-physicians, according to directives of the Swiss OrTra MA and to WHO benchmarks <i>Academic director</i>
2013	Creation of the Indo-Swiss Ayurveda Foundation, with international objectives, Geneva <i>Founding President</i>
Since 2012	Introduction courses to Ayurveda for medical students at the University of Lausanne and Fribourg
2012-2014	Development of a training course in Ayurveda medicine in accordance with WHO and Indian government standards, as well as Swiss regulations (OrTra MA), in collaboration with partner institutions in India <i>Project management</i>
Since 2009	Collaboration with the Indian government and leading Indian Ayurvedic institutions for research, teaching, clinical practice and promotion of Ayurveda as a medical system
2009 - 2014	President of the Swiss Association of Practitioners of Ayurvedic Medicine and Therapy <i>Central role in the regulation of the two new Ayurvedic professions in Switzerland</i>
2009	Development of SAMA - Swiss Ayurvedic Medical Academy in Vevey (Therapy and training centre for Ayurvedic medicine) <i>Medical and academic director</i>
Since 2005	Involvement in national and international professional politics for the support of complementary medicine and for the recognition of Ayurveda
2004	Creation of a professional school for Ayurveda therapists, Vevey <i>Founder and director of the school</i>
2003	Transformation of the multidisciplinary centre into a centre dedicated to Ayurveda <i>Medical direction and management of the centre</i>
1998	Development of a pioneering centre for multidisciplinary integrative medicine <i>Medical direction and management of the centre</i>
Since 1996	Clinical practice in general and integrative medicine
1996	Opening of a medical clinic as a general practitioner in Lausanne

ACADEMIC CAREER

From 2007	Training in Ayurveda medicine, Europe and India
2001 - 2007	Initiation and training in Ayurveda (therapy), Yoga and Jyotish, Europe
1996 - 1999	Training in gynecological naturopathy, Rina Nissim, Neuchâtel/Geneva
1993 - 1995	Training in Manual Lymph Drainage according to Vodder, AIDMOV, Rosemarie Bohlmann, Lausanne
1992 - 1995	Training in psychotherapy according to C.G. Jung, Dr. Adolf von Orelli, Zürich
1991 - 1993	Training in unicist homeopathy, ESRU, Lausanne
1992 - 1996	Postgraduate clinical training in general medicine
1991 - 1992	Doctoral thesis in gynecology and medical education "Clinical examination in gynecology, film" at the CHUV, Lausanne
1983 - 1990	Medical studies at the Faculties of Medicine of Zurich and Lausanne
1979 - 1983	High school, economics section, Aarau and Neuchâtel
1970 - 1979	Compulsory education in German-speaking Switzerland (Aarau)

QUALIFICATIONS

- Federal diploma in Ayurveda Medicine, Bern (2019)
- Diploma of Lymphotherapist, AIDMOV, Rosemarie Bohlmann, Lausanne (1995)
- Faculty award for doctoral thesis, CHUV, Lausanne (1994)
- Doctoral thesis in gynaecology and medical education, CHUV, Lausanne (1994)
- Diploma in Medicine, Faculty of Medicine, Lausanne (1990)
- High school degree, Economics, Ecole Supérieure de Commerce, Neuchâtel (1983)

LANGUAGES

- Mother tongue: Swiss German
- Trilingual German - French - English
- Italian spoken and written (B2-C1)
- Persian (Farsi) spoken (A2)
- Sanskrit: basic knowledge